

BRIEF

Decision Making Skills

eLearning
CBT COURSE



BRIEF COGNITIVE BEHAVIORAL LIFESKILLS COURSE




BRIEF INTERVENTION COURSE (BIC 323)


Decision Making Skills



COURSE DESCRIPTION

The *Decision Making Skills* Brief course is designed for students who struggle with truancy due to negative values, attitudes and beliefs around attending school. The course material discusses the importance of showing up for oneself - both in school, and in life. Students will also work on topics such as personal responsibility, attendance, and habits for success.



LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Taking personal responsibility
- College and life preparation
- Develop organization and prioritization skills
- Strengthen ability to overcome adversity



RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a parent or mentor.
- **Group**—To be completed at school in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.
- **Blended Learning**—A combination of online and offline curriculum



COURSE INFORMATION

Author and Publisher: ACCI Lifeskills
 Course Format: eLearning
 Item Number: BIC 323
 eLearning Length: 55 Slides
 Scientific Model: Cognitive Restructuring



STANDARDS MET

MTSS Tier 2
 Social and Emotional Learning
 Restorative Practices



eLEARNING ACTIVITIES

- Narration
- Story Telling
- Animation
- Gamification
- Animated Thoughts
- Self Assessments
- Interactive Images



PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Parent Enrollment
- Customized eLearning platform
- School Referral

*Be present - in school,
and in life.*